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# Soft lubrication, lift and optimality

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Jan M. Skotheim, L. Mahadevan,  
November 2006

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# some history...

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*Cedar sled from Lisht  
Egypt 12th century BC*

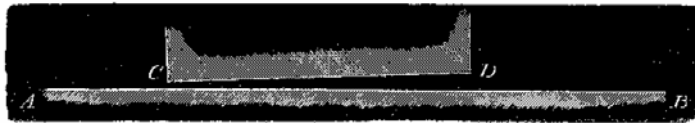
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Moving a statue in 12th century Egypt, note the man pouring lubricant  
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# Lubrication Theory

- O. Reynolds - ‘On the theory of lubrication and its application to Mr. Beauchamp Tower’s experiments, including an experimental determination of the viscosity of olive oil.’ Phil. Trans. Roy. Soc. London 1886
- Reduction to lower dimensional systems
- Variety of **rigid** geometries considered: slider bearing, journal bearing etc.

Fig. 4.



Case 1. *Parallel Surfaces in Relative Tangential Motion.*—In fig. 5 the su

Fig. 10.

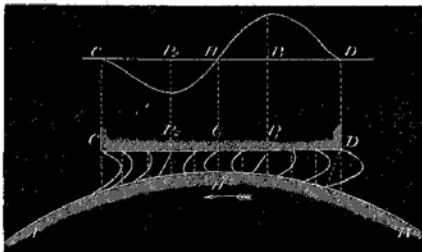
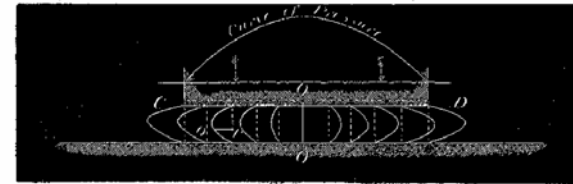
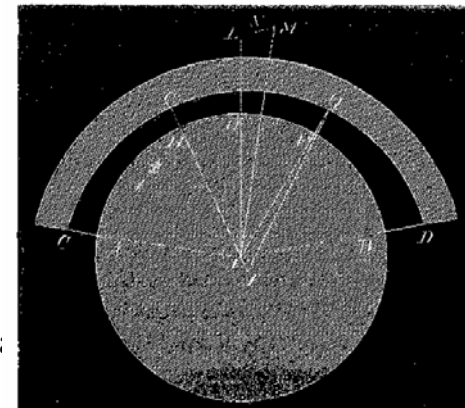


Fig. 6.



Case 3. *Parallel Surfaces approaching with Tangential Motion.*—The lines

Fig. 13.



# Applications

- **Elastic deformation** implies fluid pressures on the order of the elastic moduli
- **High pressure** industrial applications (Dowson & Higginson 59; O'Donoghue et al 67). Surface deformations arise alongside **piezoviscous** (high pressure produces a change in the fluid viscosity) and **thermoviscous** (thermal heating changes the fluid viscosity) effects. **Young's modulus ~ Fluid pressure ~ GPa**
- Biological and polymer applications : soft, complex architecture, fluid-infiltrated, electrokinetic..... **modulus ~ fluid pressure ~ 1MPa**  
e.g cartilage biomechanics (Frank & Grodzinsky 87), red blood cells in capillaries (Secomb et al 98), 10 MPa for rubber (Martin et al 02), polymer brushes (Klein et al. 91).

For a given application, what influence does the choice of material have on function?

# Model problem

Consider a symmetric (2D) contact moving parallel to a flat surface

Strategy: specify the kinematics  
calculate the forces

Navier Stokes equations

$$\rho(\partial_t \mathbf{v} + \mathbf{v} \cdot \nabla \mathbf{v}) = \mu \nabla^2 \mathbf{v} - \nabla p$$

density                      velocity                      viscosity                      pressure

Continuity

$$\nabla \cdot \mathbf{v} = 0$$

Dimensionless variables

$$x = \sqrt{2h_0 R} X, \quad z = h_0 Z, \quad p = \frac{\sqrt{2R} \mu V}{h_0^{3/2}} P,$$

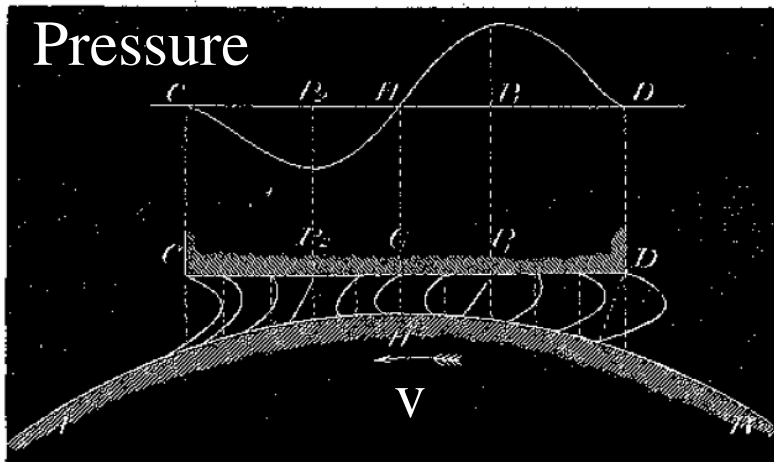
$$h = h_0 H, \quad u = V U, \quad w = \frac{V \sqrt{h_0}}{\sqrt{2R}} W,$$

Reynolds equation

$$0 = \partial_X (6H + H^3 \partial_X P)$$

$$P(\infty) = P(-\infty) = 0$$

Fig. 10. Reynolds 1886



gap thickness

$$h(x) = h_0 \left( 1 + \frac{x^2}{2h_0 R} \right) + H(x)$$

$l \sim \sqrt{2h_0 R}$  so we neglect inertial forces

$$\text{Reg} = \frac{\rho V^2 l}{\mu V / h_0^2} \ll 1 \text{ since } h_0 \ll R$$

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# The Reynolds Equation

## Reynolds equation

$$0 = \partial_X(6H + H^3 \partial_X P)$$

$$P(\infty) = P(-\infty) = 0.$$

H = gap thickness

To close the problem we need to specify how the surface deforms due to the fluid pressure i.e. solve the coupled elastic and hydrodynamic problems

we can see reversibility in this equation: a symmetric contact moving tangentially to a surface generates no lift

First consider the simplest relationship between pressure and surface deformation (Lighthill 68; Johnson 85; linear regime studied by Sekimoto and Leibler 93)

## Elasticity can break the symmetry

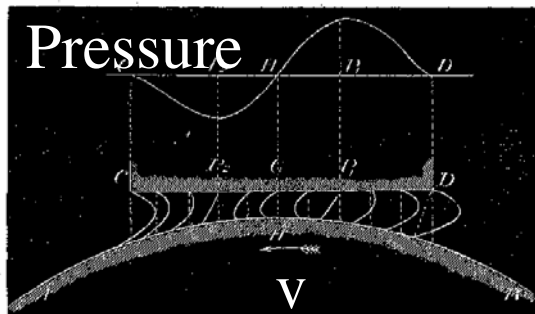
$$H(X) = 1 + X^2 + \eta P(X).$$

H = dimensionless gap thickness

softness  $\eta = \frac{\Delta H}{h_0} \sim \frac{p_0 H_l}{E h_0}$

im, L. Mahadevan, number 2006 E = Young's modulus

Fig. 10.



# Lift

Symmetric contact transformed to resemble a slider bearing, which is well known to generate lift

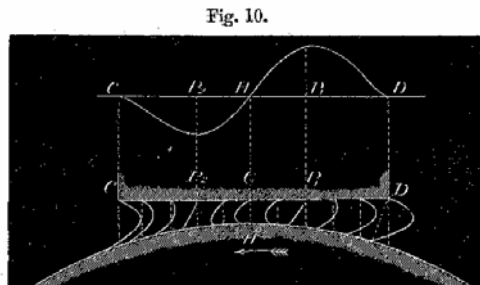


Fig. 10.

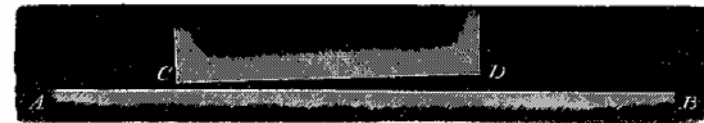
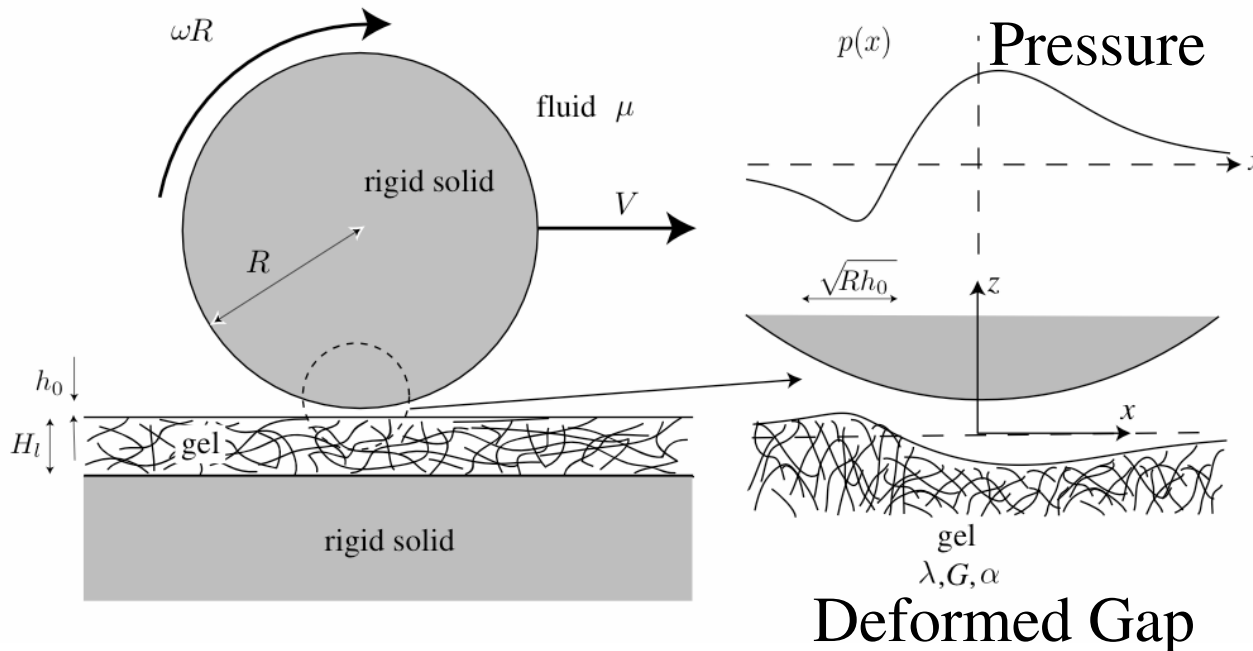


Fig. 4.

Case 1. *Parallel Surfaces in Relative Tangential Motion.*—In fig. 5 the su

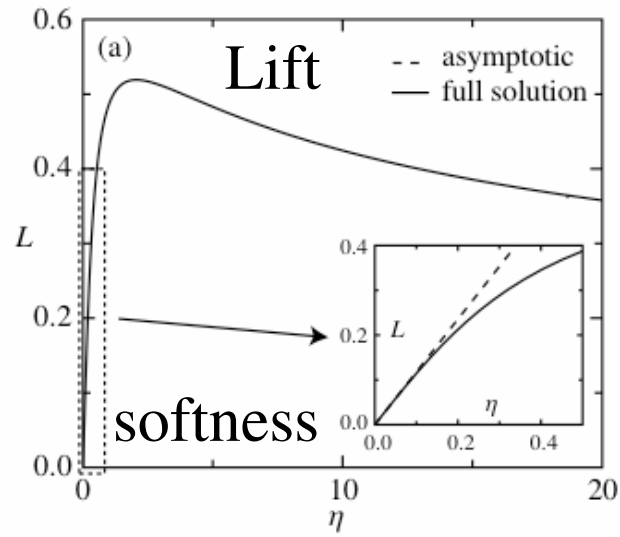
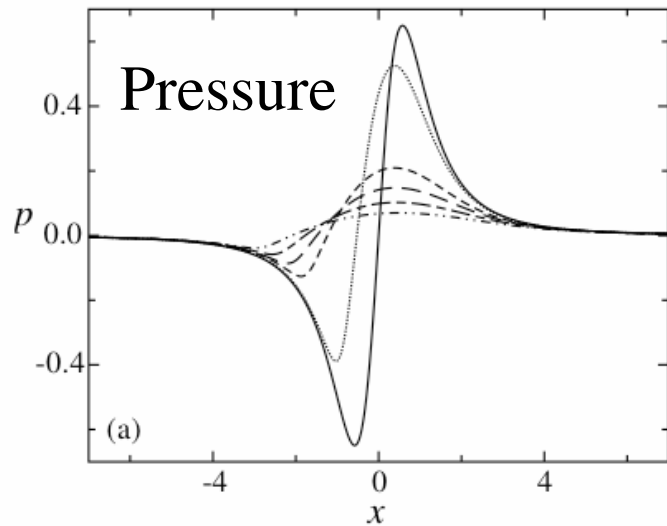


For tangential motion deformation leads to lift

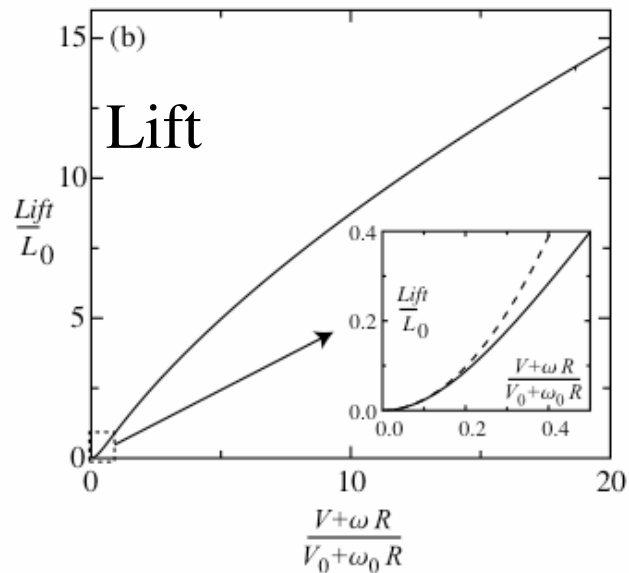
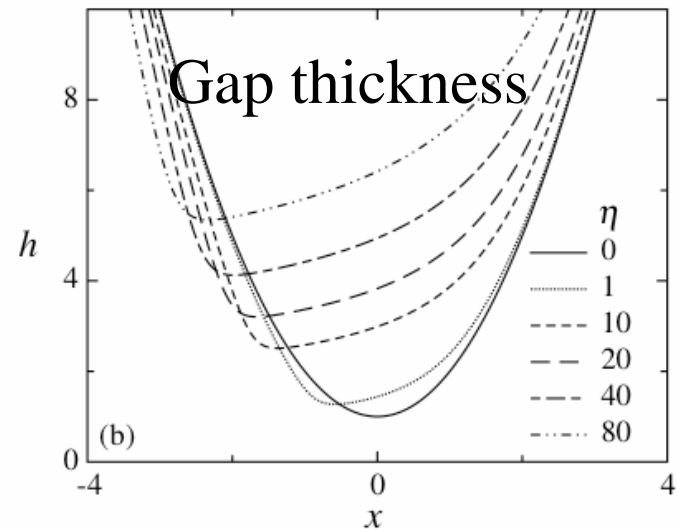
for small deformations

$$F \sim \frac{\mu^2 V^2 H_1 R^{3/2}}{G h_0^{7/2}}$$

# nonlinear solution - Optimal softness



Increased deformation leads to greater asymmetry of the pressure distribution, but also decreased pressure since the mean gap thickness increases



$$\eta = \frac{\Delta H}{h_0} \sim \frac{p_0 H_l}{E h_0}$$

Relative motion between the two surfaces



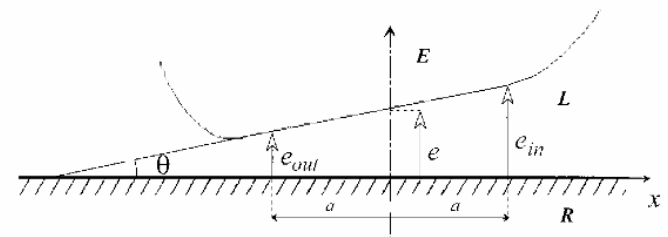
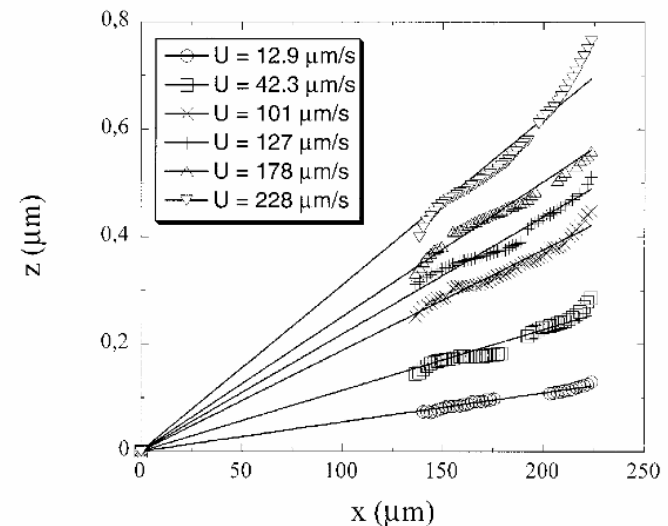
# A sliding rubber sphere begins to resemble a slider bearing

PHYSICAL REVIEW E, VOLUME 65, 031605 2002

## Wetting transitions at soft, sliding interfaces

A. Martin, J. Clain, A. Buguin, and F. Brochard-Wyart

Deformable drops and bubbles moving in shear flows or in wall-bounded flows experience lateral migration (Karnis & Mason 1967; Magnaudet et al 2003).

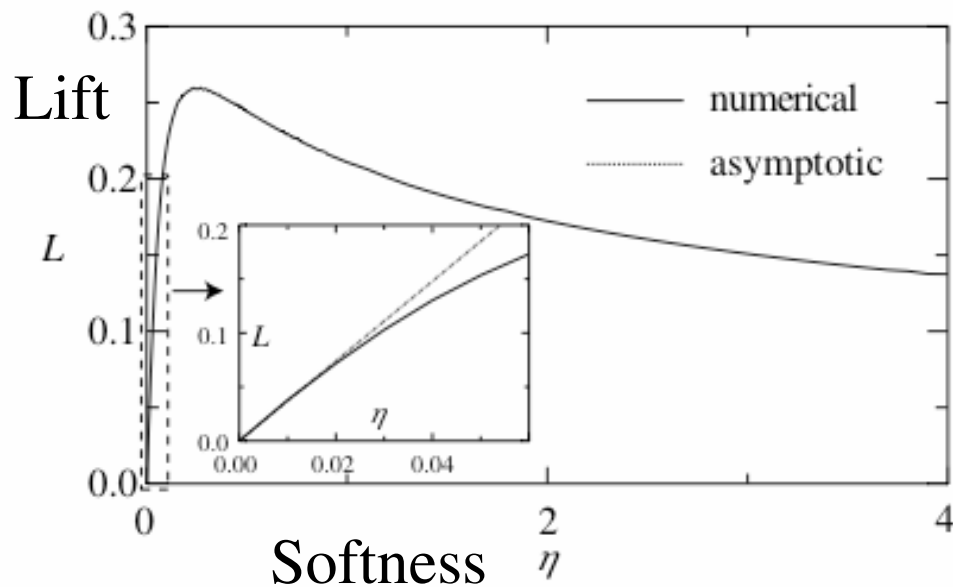
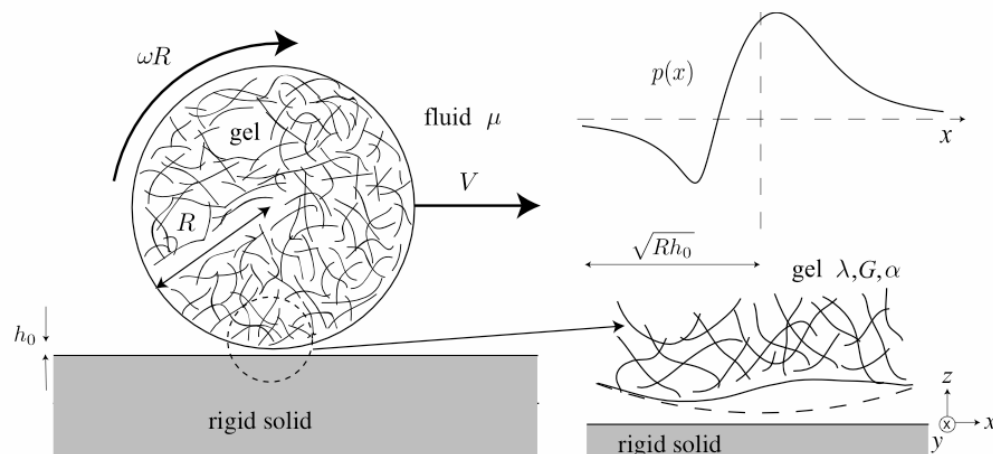
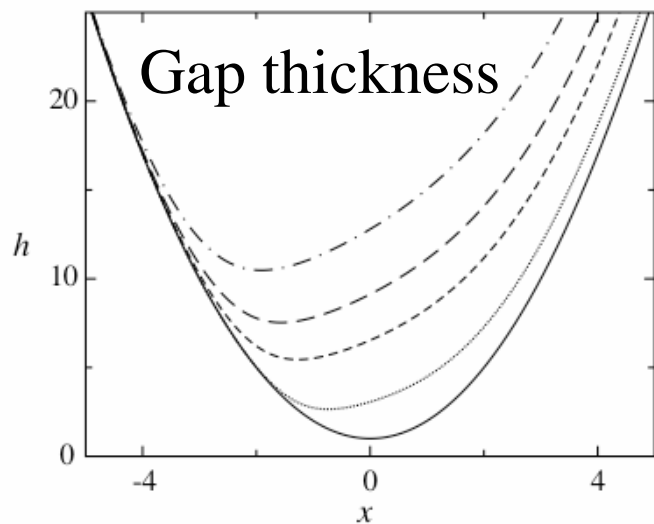
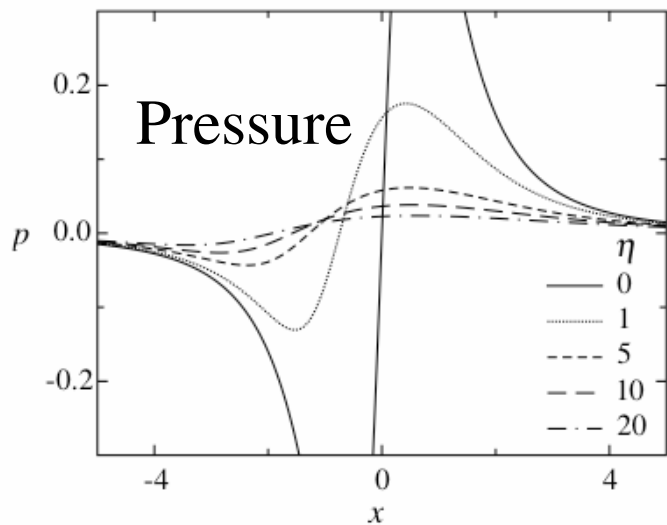


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Different geometries and materials produce similar results

# Soft slider

$$h = 1 + x^2 + \eta \int_{-\infty}^{\infty} dx' p(x') \log\left[\frac{Y}{(x - x')^2}\right]$$



# Cylindrical shell

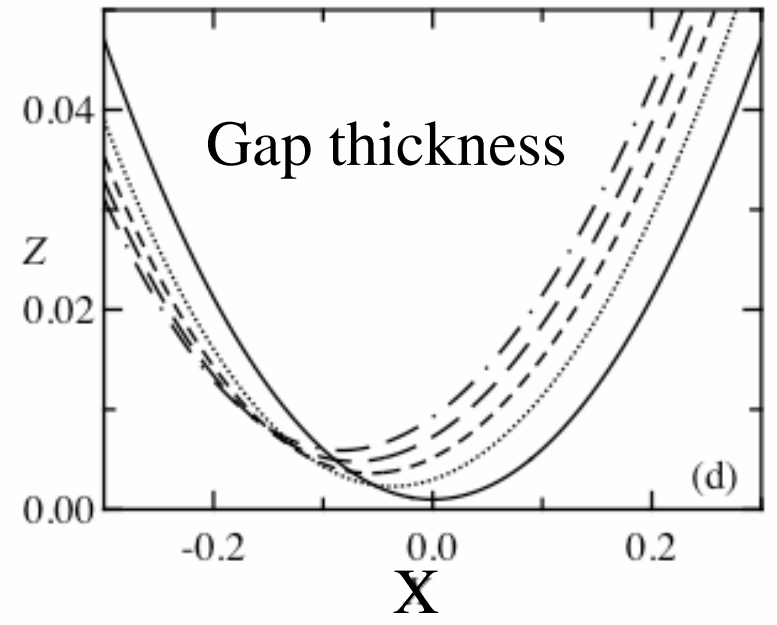
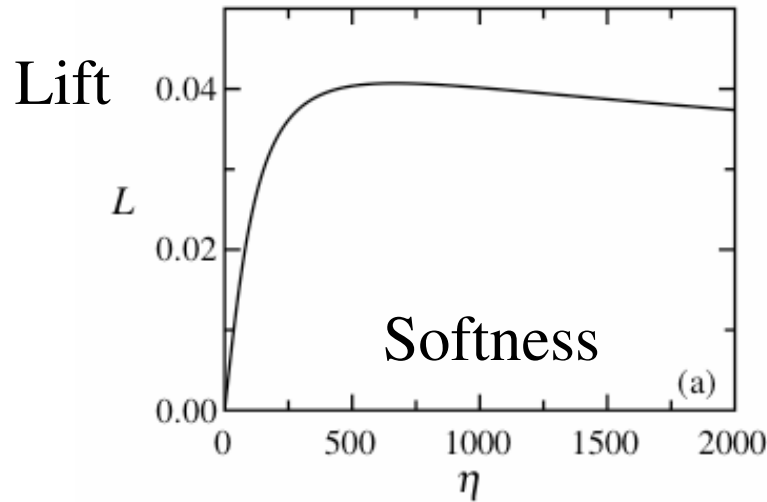
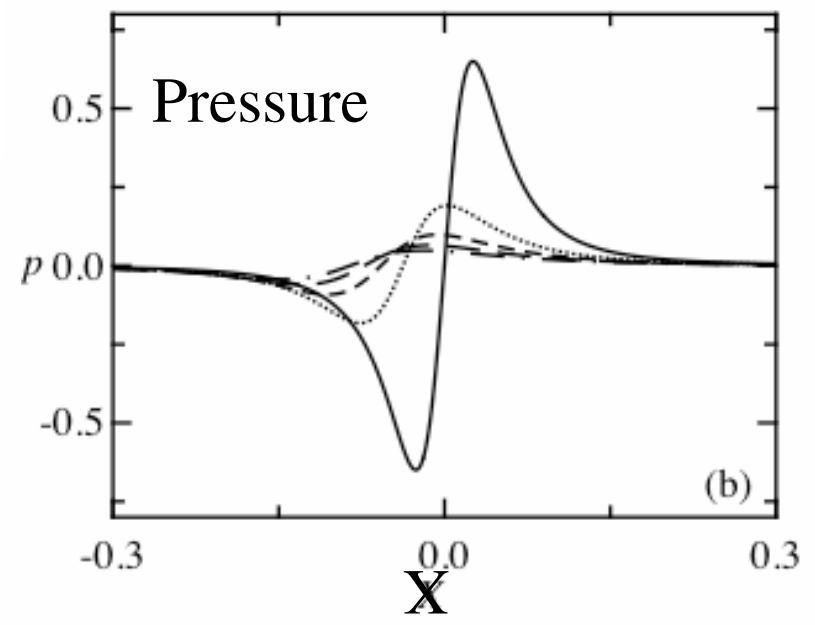
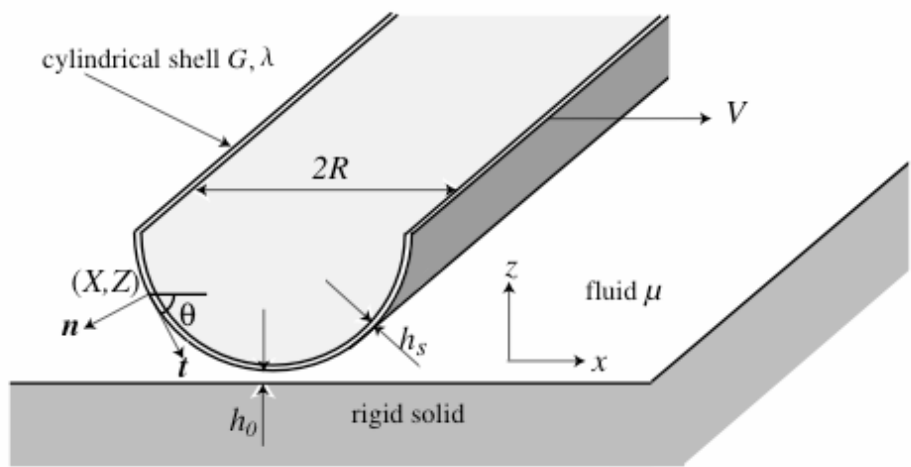
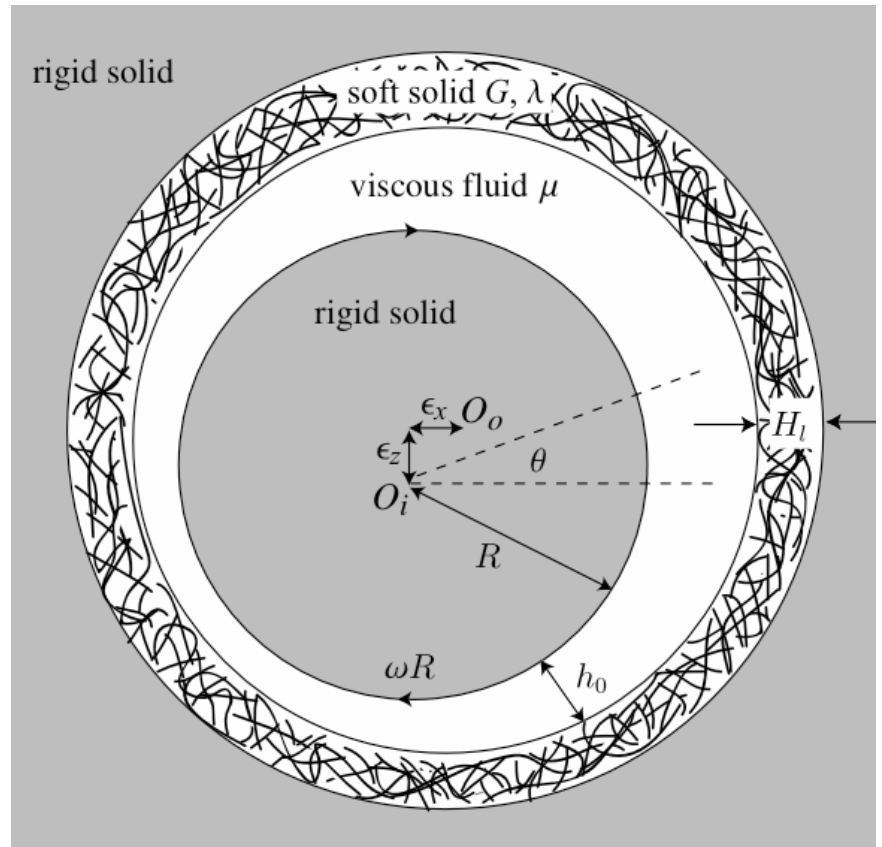
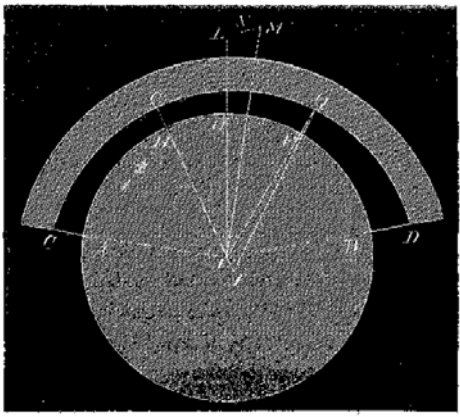
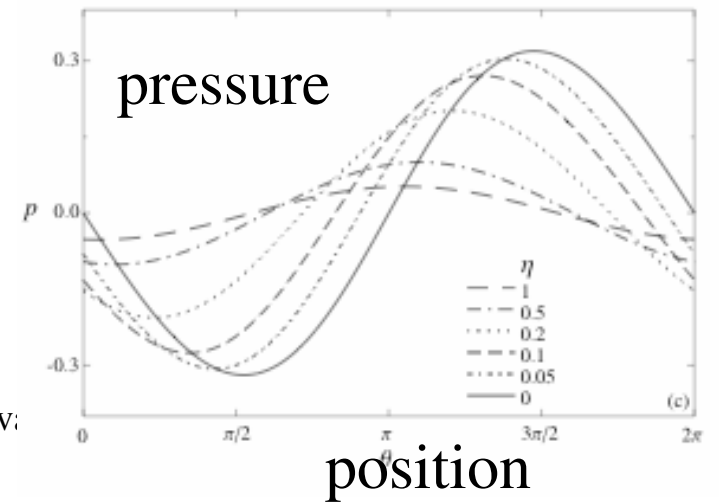
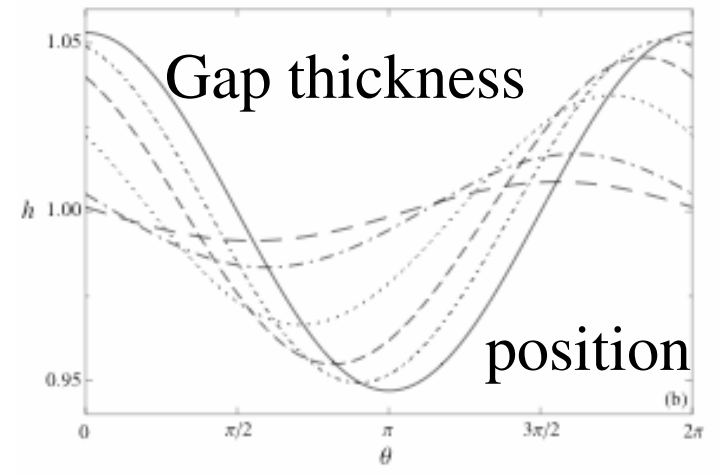
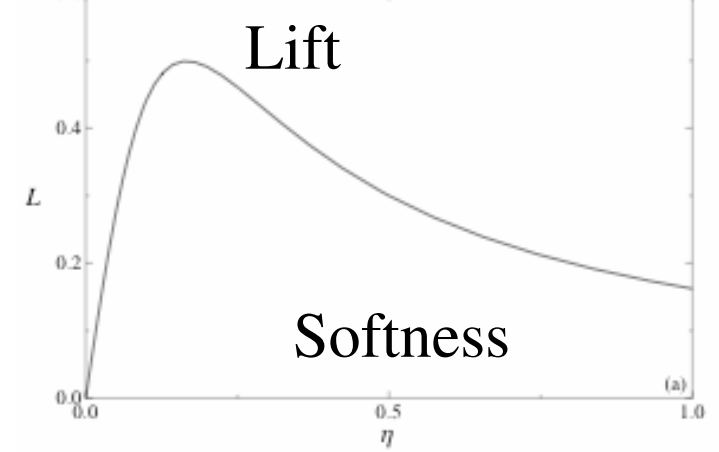


Fig. 13.

# Journal Bearing



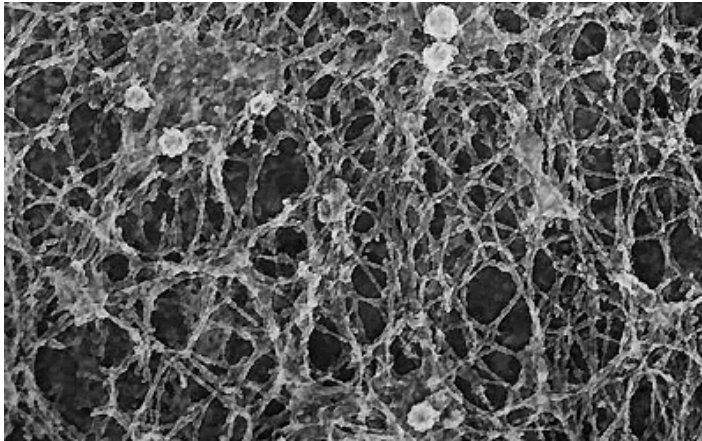
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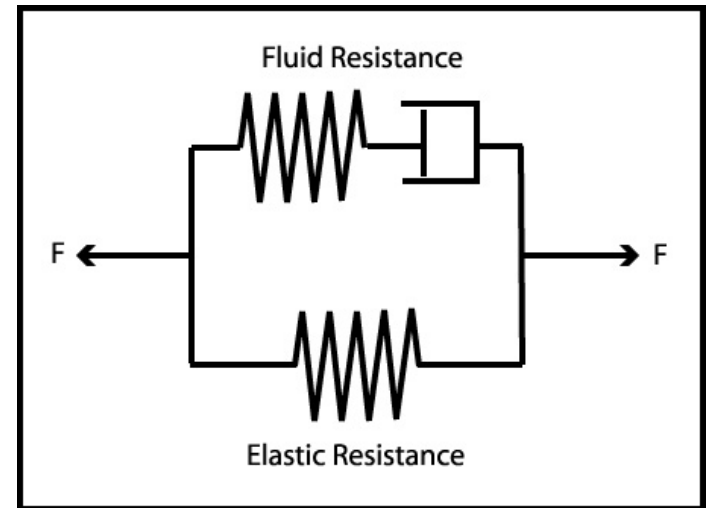
# Independent of a selection of material constitutive laws

Soft materials are often squishy  
what effect could this have?

cytoskeleton



*Poroelasticity - schematic*



$$p \sim L^2 / k E$$

$L \sim$  smallest dimension

$k \sim$  permeability

Stiffness is a function of  
the time scale

Effect remains the same:  
there is an optimal softness

# Cartilage

For typical operating conditions  
for cartilage

$$\eta \sim \frac{\mu V H_l R^{1/2}}{G h_0^{5/2}} \sim 1$$

$$H_l \sim 10^{-3} \text{ m}$$

$$G \sim 1 \text{ MPa}$$

$$V \sim 0.01 \text{ m/s}$$

$$R \sim 0.01 \text{ m}$$

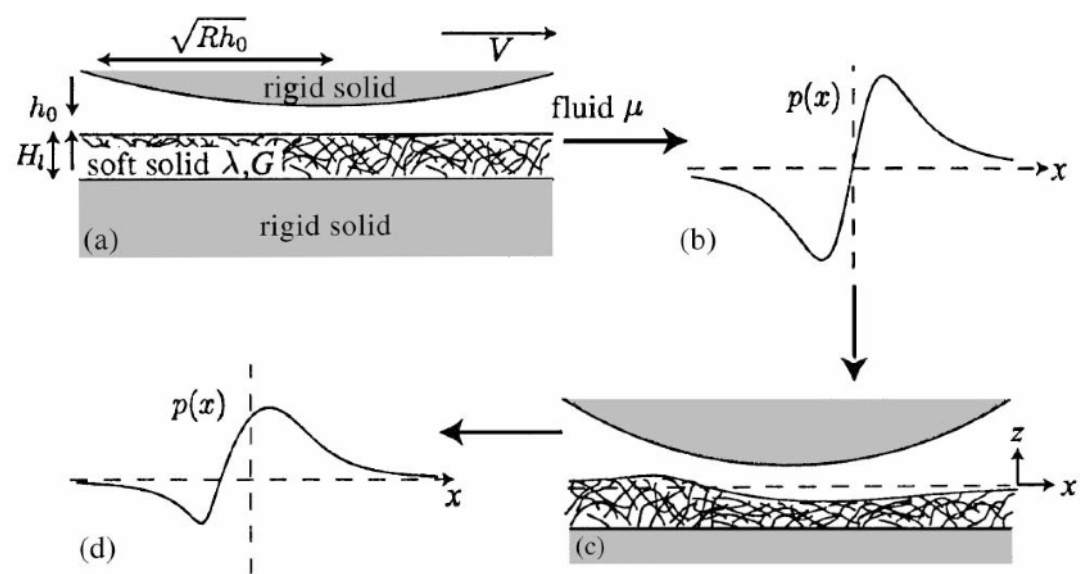
$$h_0 \sim 10^{-6} \text{ m}$$

suggests a possible role for softness

effects of the detailed geometry,  
loading conditions and  
electrokinetics?

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# Conclusions



1. There is an optimal softness that produces a maximal lift between the surfaces
2. Experiments ? Applications ?
  1. - Elastomeric/poroelastic bearings
  2. - Cartilage ?